

Allergens

Week 1

Tomato & Herb Meatballs	Soya/Wheat/Mustard/Sulphites
Tomato & Herb Quorn balls	Barley/Wheat
Spaghetti	Wheat May contain Soya/Mustard
Garlic Bread	Wheat May contain Soya/Milk
<i>Pancake</i>	Wheat , may contain Eggs/Milk
<i>Chcocolate sauce</i>	Soya
Honey Glazed Chicken	Soya/Wheat/Sulphites
Honey Glazed Quorn	Soya/Wheat/Sulphites
Egg Noodles	Eggs/Wheat
Green Beans	N/A
Sweet Chilli sauce	N/A
<i>Jelly</i>	N/A
Roast Chicken	N/A
Quorn Roast	Egg/Milk
Roast Potatoes	N/A
Steamed Veg	N/A
Yorkshire puds	Eggs/Wheat/Milk
Gravy	N/A
<i>Pink Jam Slice</i>	Eggs/Wheat
Butchers Sausage	Wheat/Celery/Mustard/Sulphites
Quorn Sausage	Wheat
Bacon	N/A
HashBrowns	May contain wheat/Milk
Baked Beans	N/A
Scrambled Eggs	Eggs/Milk
Choc Puff Pastry	Wheat/Milk/Soya
Fishfingers	Wheat/Fish
Veg Cottage Pie	Barley/Oats/Rye/Wheat/Milk/Celery
Mini potato waffles	N/A
Spaghetti Hoops	Wheat
Tomato Sauce	N/A
<i>Sorbet</i>	N/A

Week 2

Chicken Nuggets	Wheat/Milk , May contain Rye/Barley/Oats/Soya
Quorn Nuggets	Wheat
Herby diced Potatoes	Wheat
Spaghetti Hoops	Wheat
<i>Bakewell Slice</i>	Wheat/Eggs/Milk/Soya
Taco seasoned beef	N/A
Taco Seasoned meat free	N/A
Crispy Taco shell	N/A
Wholemeal Rice	N/A
Sweetcorn	N/A
<i>Crumble Crunch Bisc</i>	Wheat/Oat
Gammon	N/A
Quorn Roast	Egg/Milk
Mashed Potatoes	Milk
Cauliflower & Carrots	N/A
Yorkshire puds	Eggs/Wheat/Milk
Gravy	N/A
<i>Greek yoghurt</i>	Milk
<i>Peaches</i>	N/A
Classic Pizza:	
Pepperoni	Wheat/Milk May contain Eggs
Margarita	Wheat/Milk May contain Eggs
Pasta	Wheat May contain Soya/Mustard
<i>Cupcake</i>	Eggs/Soya/Wheat/Milk
Fishfingers	Wheat/Fish
Mac n Cheese	Wheat/Milk May contain Soya/Mustard
Chips	N/A
Peas	N/A
Tomato Sauce	N/A
<i>Ice cream</i>	Milk

*Packed lunch sandwiches: Ham Soya/wheat Tuna Mayo Egg/Wheat/soya/fish
Cheese Soya/wheat/milk Chicken Soya/wheat
Jacket Potato N/A Beans N/A Cheese Milk Tuna Mayo Fish/Eggs*