EVERSLEY PRIMARY

'Be the best you can be'

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Headteacher: Mrs P Pepper

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Dear Parents and Carers

We would like to let you know that we will be gradually introducing some changes to our school dinner menus in preparation for the Government's updated School Food Standards.

These changes are designed to ensure that school meals are healthier, more balanced and nutritious and are expected to come into full effect from September 2027. To prepare for these requirements, we will be gradually introducing changes to our school dinners beginning with the published new menus.

Some of the changes will include:

- Offering more fruit, vegetables and wholegrain foods.
- Reducing the amount of sugar in desserts and providing healthier alternatives.
- Reducing foods high in fat, sugar and salt.
- Making small changes to ingredients and recipes to ensure meals meet the new standards.

We appreciate that some children have particular favourite school dinners and that changes to familiar foods can sometimes take a little getting used to. This is why we have decided to introduce the changes gradually**,** allowing children time to become familiar with different foods and menu options. Our new menus offer either a school packed lunch or jacket potato option on alternate days.

Our aim is to continue providing tasty, enjoyable meals, including familiar favourites wherever possible, while ensuring our menus meet the required nutritional standards.

Thank you for your continued support.

Yours faithfully

P Pepper
Headteacher