

# Eversley Primary School



'Be the best you can be'

Crest Avenue, Pitsea, Basildon, Essex, SS13 2EF  
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Headteacher: Mrs P Pepper BEd (Hons), NPQH

## ALLERGIES AND NUT AWARE SCHOOL POLICY

We have children in our school with a life-threatening food allergy – anaphylaxis to nuts. This is a medical condition that causes a severe/even fatal reaction to specific foods. These reactions can be triggered by contact, ingestion or inhalation. There is also a concern in regard to contamination of equipment whether this is play equipment, desks or other classroom materials.

### The Nut Aware policy will be managed by:

- Parents, caregivers and staff being requested **NOT** to send food to school that contain nuts. This includes peanut paste, Nutella, all nuts and cooking oil containing peanut oil.
- Children being encouraged **NOT** to share food.
- Children being encouraged and supervised whilst hand washing before and after eating.
- Staff supervising eating at lunchtime. If staff notice nut products being brought in to the dining hall the identified child will be sent to the Well Being Hub to eat their lunch.
- Staff being made aware of children and staff who have anaphylactic responses.
- Children with allergies will wear an allergy lanyard at lunchtime containing information about their allergy.
- Staff to participate in first aid training in understanding and dealing with Anaphylaxis, knowing where the Epi-Pens are kept and how to administer them.
- School lunch providers complying with the Nut awareness Policy.

### The policy will be promoted by:

- Staff being reminded of their duty of care and being provided with relevant training opportunities.
- The school Governing Body being informed.
- New intake parents/carers being informed via newsletters/email.
- Parents/carers being informed via email/newsletter at the start of each academic year.

## MANAGEMENT OF CHILDREN WITH NUT ALLERGIES

- Children who have been identified by a doctor as having anaphylaxis as a result of a nut allergy will require a Health Care plan and an Allergy Action Plan.
- Class teachers will be given a copy of these documents at the start of the year.
- Individual Epi-Pens will be kept in the child's classroom for easy access in a cupboard identified with a red cross on it.
- Spare Epi-Pens are stored in the Well Being Hub above the medical cabinet. These are to be used only by a child that has been identified as needing an Epi-Pen.

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- Children's personal Epi-Pens will be taken to the school dining room and stored in a basket for easy and quick access at the beginning of lunch times. They will be returned to their classroom directly after lunch has finished.

**Eversley Primary School acknowledges that due to the food processing practices of food companies, it is difficult to eliminate nuts or nut products entirely from the school environment. Many food packaging labels include 'may contain traces of nuts'. Food packaging labels with this phrase are acceptable. Thus Eversley Primary School being a Nut 'Aware' School.**

Policy implemented February 2023