



SCHOOL POLICY

<i>PE Policy</i>

Implemented:	Autumn Term 2019
Reviewed:	Autumn Term 2022
Date for review:	Autumn Term 2025



Eversley Primary School PE Policy

Intention

At Eversley Primary School our intentions are that all children:

- take part in PE for enjoyment;
- develop in both competence and confidence when performing in a range of activities including dance, games, gymnastics, swimming, athletics and outdoor adventure activities and may also include leadership;
- understand their bodies in action;
- think of, select and apply skills that promotes positive attitudes towards a healthy lifestyle; encourage positive behaviour and to give the children more choices about which activities they would like to undertake outside the school environment;
- are instilled with the values of participation, cooperation, purpose and enjoyment of competitive sport.

All teachers are expected to:

- provide a relevant, challenging and enjoyable curriculum for all pupils;
- promote enjoyment and enthusiasm for learning through practical activity and exploration;
- ensure each child experiences a sense of achievement regardless of age or ability;
- develop within each child a positive attitude towards physical education;
- challenge all pupils, regardless of background, gender or academic ability;
- create a learning environment where children are not frightened to make mistakes but see these as learning opportunities;
- encourage children to develop initiative and an ability to work independently and in co-operation with others and to persevere within their learning;
- ensure that both staff and children are dressed appropriately for the PE lesson and environment;
- encourage children to consider their own safety, and the safety of others, at all times.

Implementation

At Eversley Primary School we implement the PE curriculum through:

- two lessons a week (for at least 45 minutes in Key Stage 1 and 60 minutes in Key Stage 2);
- providing swimming and water safety lessons for all children in Year 4 and monitoring its impact on all participants;
- providing professionally coached gymnastic sessions at South Essex Gymnastics Club;
- high quality teaching that engages children through a wide range of practical skills and tasks;
- encouraging physical activity and team games at break and lunchtimes;
- providing a range of extra-curricular sports clubs available for all year groups;
- providing at least 6 whole school PE focus days throughout the year, often with the opportunity to represent to school at a district and county competition;

Impact

The impact of our PE curriculum is that pupils at Eversley Primary School:

- develop skills in a wide range of sports;
- have a love for PE and recognise the importance of a healthy lifestyle;
- develop confidence in PE and make links to its skills in other subjects;
- have the opportunity to compete in internal, district and county competitions;
- take part in physical activity for enjoyment.